



OLSH

OUR LADY OF THE
SACRED HEART
COLLEGE

Term Two - 01 May 2024 (No.7)

From the Principal



Dear Parents / Guardians, Friends, Staff and Students of OLSH College,

Welcome to Term 2. I trust the school break was both productive, restful, and of course, enjoyable.

Reaching your full potential

Today we held our Effort Assembly, and it was wonderful to be able to recognise students whose work has resulted in significant academic growth and to celebrate learning in all its forms. Our special guest, Councillor (Outer Harbor Ward) and Deputy Major Vanessa Tulloch from the Port Adelaide Enfield Council supported the presentation of awards to our recipients.

In the Mass readings after Easter, we were reminded in the Acts of the Apostles about belief, hope, faith, persistence, grit, and resilience. In almost every chapter of the Acts of the Apostles the followers of Jesus confronted challenges and hard choices. They confronted them and they flourished despite the struggle. And there lies the salient point for us. As much as we might like an easy, comfortable, and quiet life or learning path, a life or learning without any tough choices, a life or learning without challenge is in fact no life at all. Challenge helps each of us to grow. And out of those challenges comes a journey that can take us out of our comfort zone, as challenge did for the Apostles. Perhaps the best example is the Apostle, Thomas. So determined was he to stay in his comfort zone that he refused to believe in the risen Lord. But he saw and could not help but believe, and that made all the difference for him.

I hope all OLSH students see, believe, courageously step out of their comfort zone to confront learning challenges whilst growing the muscle of persistence, grit and resilience to reach their full potential in all that they do this term.

Mother's Day (Sunday 12 May 2024)

Our heartfelt best wishes to each and every mother, grandmother and mother figure in our community.

Mothers are how we define unconditional love and acceptance. We hope that everyone makes a fuss of their mum on Mother's Day.

Staffing Updates

This term we welcome back from Long Service Leave Mrs Cathy Millane, Mrs Helen McPherson and Ms Grazia Marciano. We also welcome new staff:



Ms Emma Crowe
Marketing Officer



Ms Elizabeth Crispe
English Teacher

Please join with me in welcoming Emma and Elizabeth to the OLSH College Community.

Enrolments

A reminder to our current OLSH College families who have a daughter in Year 6, 5, or 4: please ensure you have an application in our system if you wish for your daughter to start in Year 7 in 2025, 2026 or 2027 respectively. If you need assistance in this area, kindly email our Registrar, Mrs Monique Tabuena, at registrar@olsh.catholic.edu.au or [apply online](#).

*May the Sacred Heart of Jesus be Everywhere Loved,
Maria Urbano, Principal*



Student Parent Learning Conversations: Tuesday 21 May 2024

2024 DIARY DATES

TERM 2

1 May	Effort Assembly
8 May	Year 7 & 8 Butterfly Foundation Session
9 May	Year 8 Reflection Day
9 - 10 May	Year 10 PE Camp
14 - 15 May	Year 9 Camp
19 May	Pentecost Marian Procession
21 May	Student Parent Learning Conversations
22 May	Student Free Day
28 May	College Tours 9:30am & 5:30pm
29 May	Cultural Diversity Assembly
3 - 5 June	Year 11 Outdoor Ed Bushwalking Camp
7 June	Sacred Heart of Jesus Mass
10 June	King's Birthday Public Holiday
17 June	Year 10 & 11 Study Day
18 - 20 June	Year 10 & 11 Exams
21 June	End of Semester 1 Student Free Day
24 June	Semester 2 begins Year 10 Reflection Day
25 June	College Tours 9:30am & 5:30pm
28 June	Year 10 Immunisations
3 July	Academic Assembly
5 July	Last day of Term 2

SCHOOL CARD REMINDER

Do you need to apply for school card for 2024 or think you may be eligible? Families need to apply as soon as possible to ensure an application can be submitted to the Dept of Education School Card to see if you are eligible. Applications can be done online SA.GOV.AU - School Card scheme (www.sa.gov.au) or through the College.

Families who are eligible and do not apply or reapply if advised eligible, will be liable for full fees for 2024.

Please contact the Front Office to make an appointment with the finance team on 8269 8800.



SECURE A PLACE FOR YOUR DAUGHTER AT OLSH COLLEGE

Do you have a daughter wanting to come to OLSH College who has not yet enrolled? All future students, including siblings are required to submit an Application for Admission Form to commence the enrolment process. Interviews for students commencing in 2025 and 2026 are now underway. We encourage you to visit or contact the Front Office to collect an Application for Admission Form, or phone 8269 8800 to secure a place for your daughter.

PARKING AROUND THE COLLEGE

We ask that you are mindful of the following when dropping off or picking up your daughters;

- Please use Corralyn Terrace, Ragless Avenue and surrounding streets at the rear of the school to drop off or pick up your daughter. Traffic needs to be able to flow both ways along each road and cars should not be obstructing the flow of traffic. When parking, please be mindful of the local community who may be trying to exit the driveways or use the street to go to and from their residence. Drivers should not obstruct the driveways of local residents and ensure any parking management signs are adhered to at all times for the safety of all members of our community.
- The carpark for Workskil and Konekt (490 Regency Rd) is not to be used by OLSH students or families for parking, dropping off or picking up students. Please note this is not an OLSH College Carpark.
- Parking is also not available in the front and rear carparks of OLSH College as these are designated staff carparks. The front carpark off Regency Road has 4 designated carparks for visitors who are coming in for enrolment enquiries, appointments and guest speakers.

We thank you for your co-operation and helping to keep our staff, students, families and our local community safe.

Follow us on Facebook & Instagram

@OLSHCollegeEnfield @olshcollegedelaide

MARIAN PROCESSION



May is home to several important Marian feasts in the Catholic liturgical calendar, including the Feast of Our Lady of Fatima (13 May), the Feast of the Visitation (31 May). These feasts provide opportunities for Catholics to deepen their devotion to Mary and reflect on her role in salvation history.

The Marian procession in Adelaide, like similar events in many other Catholic communities around the world, has theological and historical significance rooted in devotion to Mary. Marian processions are expressions of veneration and honour

given to Mary, who occupies a central place in Catholic piety.

Our Lady of the Sacred Heart students have a long tradition of participating in Adelaide's procession because of the Marian charism of the Daughter's of Our Lady of the Sacred Heart, who are celebrating their 150th anniversary this year.

This year, a selection of Year 10 students will participate, starting at Victoria Park and proceeding to Victoria Square. These processions involve carrying statues and banners of Mary through the streets, accompanied by prayers, hymns, and devotional practices.

Interestingly, the Marian Procession holds the record as the State's longest continuously run religious festival. Established in 1949, the first procession was held at St Francis Xavier Seminary, Rostrevor, under the guidance of Archbishop Matthew Beovich. At the time he said the event served to provide an opportunity for Catholics to thank Mary for her protection of Australia during the war and to ask for her intercession in the future.

A hallmark of the procession throughout the years has been the diversity of those who attend, becoming an important date on the calendar for Catholic migrants and refugees.

The month of Mary provides Catholics with an opportunity to deepen their relationship with Mary, seek her intercession, and grow in their understanding of her role as the Mother of God and the model of Christian discipleship. It is a time for prayer, reflection, and devotion to the one whom Catholics honour as their spiritual mother. Our girls are proud to contribute towards this great Adelaide Catholic tradition.

Damian Creazzo | Assistant Principal - Religious Identity & Mission

THE ARCHDIOCESE OF ADELAIDE INVITES ALL TO CELEBRATE

THE 75TH ANNUAL

Marian Procession

ON PENTECOST SUNDAY

SUNDAY, 19 MAY 2024

ASSEMBLING AT VICTORIA PARK (WAKEFIELD ROAD)
PROCESSION TO VICTORIA SQUARE
ASSEMBLE 1.30PM | PROCESSION 2.00PM

FOR MORE INFORMATION CONTACT ARCHDIOCESAN EVENTS 8210 8220 | EVENTS@ADELAIDE.CATHOLIC.ORG.AU

ARE YOUR CONTACT DETAILS UP TO DATE?

Please ensure you advise the school if your address or contact details have changed.

It's important the College has your correct address, phone number and email at all times in case we need to contact you in the event of an emergency, and to ensure you are receiving all correspondence by mail, email, phone or sms. Thank you



Parent Engagement Event

Tuesday 14 May 2024
6.30pm - 8pm

Mercedes College
Mercy Lecture Theatre
540 Fullarton Road
Springfield

Free Event

Register at [CESA Registration Centre](https://www.cpspa.catholic.edu.au) or go to the events page at [cpspa.catholic.edu.au](https://www.cpspa.catholic.edu.au)

Catholic School Parents South Australia, in collaboration with Mercedes College presents the second Parent Engagement Event for 2024.

Paul Dillon of Drug and Alcohol Research Training Australia (DARTA)

Teens, parties, alcohol and vapes: What do parents need to know?

Adolescence is a challenging time for all concerned, with many parents feeling as though they are not adequately prepared, particularly in areas such as alcohol and other drugs.

Every family is different and there are a range of different circumstances that will dictate how a parent responds to problems that may arise in this area. Having good quality, accurate information is vital.

This session is presented by Paul Dillon of DARTA who continues to work with many school communities to ensure they have access to quality information and best practice drug education.

Spaces will be limited to 120 people in person. Livestreaming will be available on the evening, with the recording available for 48 hours for viewing.

Catholic School Parents SOUTH AUSTRALIA

For further inquiries on the event please contact [Catholic School Parents South Australia](mailto:Catholic.School.Parents.South.Australia) or email trish.jarvis@cpspa.catholic.edu.au

[cpspa.catholic.edu.au](https://www.cpspa.catholic.edu.au)

TERM 2 GENERAL REMINDERS

I hope everyone had a wonderful break and enjoyed time together with families and friends. As we begin Term 2, I would like to share and remind you of some key information and updates regarding attendance, uniforms, communication with school, and the use of mobile phones.

Uniform

We often speak to students about the importance of first impressions in many aspects of their lives now and into the future. The uniform is very powerful as a first impressions when students are in public as they are identified as a student of OLSH and represent every member of the community by how proudly they wear their uniform. Therefore, it is fitting that students always wear the college uniform correctly and with pride. In Terms 2 and 3 students wear winter uniform, which includes:

- **Blouse:** White long sleeve shirt
- **Jumper:** Monogrammed 'V' neck
Year 7 - 10: Navy
Year 11 - 12: Navy or Red
- **Skirt:** Navy with red, green and gold strips (must be knee length)
- **Hosiery:** Navy opaque tights or Navy knee high socks
- **Tie:** Red OLSH tie
- **Headscarf:** Navy blue



- **School bag:** Navy OLSH backpack with the school crest/branding
- **Footwear:** Black leather lace-up school shoes (with black soles and stitching)
Boots, high heels, sneakers, canvas shoes and/or ballet flats are not allowed.
- **Piercings:** students are discouraged from wearing any facial piercings (any piercings that cannot be removed must be covered with a band aid or a clear stud only).
- **Hair, Nails & Cosmetics:** Shoulder length hair (or longer) is to be always tied up with red ribbon. Fake nails, eyelash extensions, mascara, nail polish and other make-up is not to be worn at school.
- **PE uniform:** Students are permitted to wear complete OLSH College PE uniform items, only, to and from school on the days they have PE and Dance lessons. Students failing to wear the correct PE uniform will be expected to remedy the situation immediately. The mixing of formal uniform (Winter) with PE uniform is not acceptable. Students are not permitted to mix and match OLSH College PE Uniform items with casual/leisure attire from their personal wardrobes.
- **Formal school uniform** will be expected at particular school events should your daughter be in receipt of an award, recognised in some way or is addressing the student body.

Students failing to meet the College's uniform expectations or present issues with uniform infringement and personal presentation will result in community service consequences. Ongoing issues or uniform infringement will involve Student Wellbeing Coordinators addressing the matter with the student, where an after-school consequence will be issued. Further subsequent ongoing issues or uniform infringements will include Student Wellbeing Coordinators informing parents/guardians to discuss the matter further. It is important that we work together to support all students to follow expectations and requirements as they would need to in any workplace.

Attendance

It is no surprise that students who do well and are more successful at school (with their academic achievements and developing connections / relationships with peers and teachers) have high attendance rates. Therefore, we remind students that they are full time students and must make attendance their priority.

Research conducted by the NSW Department of Education suggests that even a single day missed every fortnight could accumulate to four weeks of missed school within a year, translating to a full year lost over a student's educational journey. Similarly, absenteeism of just one day per week could lead to an absence of eight weeks annually and an astonishing loss of two and a half years throughout their schooling experience.

Each day missed from school significantly impacts a student's educational progress, potentially resulting in substantial years of lost learning. Therefore, it becomes increasingly challenging to support students to achieve success in the classroom when they are absent regularly or have extended absences from key teaching moments.

While we understand that illness can occur or extenuating circumstances, it is not the expectation that teachers will be able to spend a lot of classroom time helping students catch up.

Senior students who miss significant amounts of class time may not meet minimum subject requirements for SACE subjects, therefore extending the amount of time it will take them to complete their final studies.

If students are absent or will be late, parents/guardians are requested to notify the school. If students arrive late or need to leave early during the day, parental permission must be given prior to this occurring, not on the day.

The College may request a medical certificate for extended absences (more than two days) for medical conditions or illness. SACE students must submit a medical certificate to their teacher if they are absent on the day on an assessment item.

In specific circumstances of extended absences due to medical conditions/illness or travel, parents/guardians must complete a 'Principal Approved Application for Exemption from school' form as required by the Government of South Australia. Application forms are available from the front office.

Chronic absences may be reported to CESA and external agencies as mandated.

Communication with School

Parents can communicate with the school and staff in several ways. This includes:

- **Email:** olsh@olsh.catholic.edu.au
- **Phone:** (08) 8269 8800

Reason to contact school	Who to contact
Sharing of information, updating details or wanting to gain information about school events or other general matters	Front Office/ Reception
General wellbeing/learning concerns	Homeclass Teacher
Specific subject or learning concerns	Subject Teacher (parents can locate teacher emails from SEQTA)

- **Face to Face:** There are opportunities throughout the year for parents/guardians to meet teachers and staff. The student-parent learning conversation for term 2 is scheduled for Tuesday 21 May 2024 (Tuesday Week 4, Term 2). However, if parents would like to meet with a staff member or teacher, this can be organised. In this situation, we request parents/guardians call and book a time to

meet. However, if parents would like to meet with a staff member or teacher, this can be organised. In this situation, we request parents/guardians call and book a time to meet.

If parents/guardians feel their issues or enquiries have not been addressed or resolved, parents/guardians are asked to contact their daughter's Student Wellbeing Coordinator. If it is specific to learning or subject related, Student Wellbeing Coordinators can direct you to the Leaders of Learning who will be able to support you and your daughter.



Mobile Phones

Mobile phones are a significant communication medium and have benefits, however, we would like to set expectations for students to use their mobile phones appropriately while developing healthy habits, especially during lesson times. Therefore, I would like to inform parents/guardians and students regarding students' use of mobile phones at school.

Students in Year 7 – Year 10

- Can have their mobile phone with them in their pockets at school (in lessons)
- Can only use it in class with teacher permission
- Phones to remain in their pockets at recess and lunch (can only be used when paying at the canteen)
- If used without permission, students will be asked to surrender their phone at the Front Office for the rest of the day.

Ongoing issues or infringements (3 occurrences of a student surrendering their phone over a period of one week) will involve students being asked to surrender their mobile phone at the Front Office for a whole week and a Student Wellbeing Coordinator will address the matter with the student.

Further subsequent ongoing issues or infringements will include a Student Wellbeing Coordinator contacting parents/guardians to discuss further.

Students in Year 11 – Year 12

- Can have it with them in their pockets
- Can only use it in class with teacher permission
- Can use at recess and lunch only in the Senior Campus * Must be put away when in Junior Campus
- If used without permission, students will be asked to surrender their phone at the Front Office for rest of the day.

Ongoing issues or infringements (3 occurrences of a student surrendering their phone over a period of one week) will involve students being asked to surrender their mobile phone at the Front Office for a whole week and a Student Wellbeing Coordinator addressing the matter with the student.

Further subsequent ongoing issues or infringements will include a Student Wellbeing Coordinator informing parents/guardians to discuss further.

Under no circumstances are students to make and or answer a phone call during lesson time. Parents/guardians wishing to contact their daughter must do so through the front office. Furthermore, students who work should advise their employers that they are not contactable during school hours.

One of the most common anxieties students have about their phones during the day is not answering calls from parents. This does affect their focus, so if you need to contact your daughter urgently, please contact the Front Office, otherwise please avoid calling or texting.

Mohammad Jafari | Assistant Principal - Student Wellbeing



LEAPS AND BOUNDS SACE DANCE DAY 2024



The Stage 1 and Stage 2 Dance students attended the 2024 Leaps and Bounds SACE Dance Day at the Adelaide Festival Centre. This important Senior Dance Excursion provided students with the opportunity to attend a full day of dance workshops, presentations, and forums with other SACE Dance students from across the State.

The students participated in three excellent workshops throughout the day. Starting off with Zoe Komazec leading them through a Jazz Technique and Repertoire workshop, followed by 'Exploring Asian Contemporary Dance Technique and Composition' with Ben-Hur Winter and finishing off the day with Adrienne's Semmens workshop on Contemporary Technique class exploring floorwork, centre and travelling sequences. Our OLSH students demonstrated wonderful participation, creative-risk taking, and development of technique throughout the workshops. We look forward to seeing how our Dance students take inspiration from the day into their own choreography.

Skye Westwood, Specialist Dance Teacher



"I enjoyed the experience. It was a day filled with fun, helpful information and guidance that helped improve my knowledge, technique and skills. I enjoyed the variety of dance styles that were covered, including Jazz, Asian-Contemporary, and Contemporary. It was a great opportunity to collaborate with students from different schools and being able to connect with other dancers." Giorgia (Year 12)



DANCE STUDENTS INSPIRED BY JUNGLE BOOK REIMAGINED



Our Year 11 and 12 Dance students travelled to the Adelaide Festival Centre to view one of the world's leading choreographers Akram Khan Dance Company performances of *Jungle Book* reimagined as part of the 2024 Adelaide Festival.

Akram Khan is one of the world's leading choreographers returning to the Adelaide Festival with a new work based on the much loved story of Rudyard Kipling. This production powerfully blends dance with theatrical and digital elements, including state-of-the-art animation and a specially commissioned score, to create Mowgli's magical world and bring this story to life.

This production was such a rich experience for the Year 11 and 12 Dance students who were able to view professional dance performances which is integral to the Dance curriculum with opportunities for students to learn techniques from the work of artists for their own practice and choreographic inspiration. *Jungle Book* reminds us of the need to respect our natural world and invites us to reimagine a different future. It was blockbuster cinematic experience with a powerful message for us all. It was truly exceptional.

Skye Westwood, Specialist Dance Teacher

"BECOMING YOUR BEST SELF" YEAR 11 REFLECTION DAY



The Year 11 Reflection Day held on 10 April 2024, at West Beach Sailing Club, was a transformative journey of self-discovery for our Year 11 cohort. With the guiding theme of "Becoming Your Best Self," it offered a precious moment of respite from the relentless demands of school and daily life, providing a sanctuary for deep introspection and reflection.

Throughout the day, students were invited to embark on a spiritual journey, delving into the core of their being to explore how they perceive themselves and how they are perceived by others. Through guided activities focused on virtue and the avoidance of vice, they grappled with profound questions of identity, purpose, and moral character. It was a profound opportunity for students to align their actions with their innermost values, paving the way for personal growth and self-improvement.

Students were challenged to confront the obstacles and limitations that hindered their path to self-realisation. Through introspection and dialogue, they identified the factors and elements in their lives, relationships, and connections that posed barriers to their growth. With courage and determination, they embraced the power of letting go, releasing fears, resentments, and self-imposed limitations that weighed heavy on their souls.

As the day drew to a close, the reflection experience left an indelible mark on our Year 11 cohort. It was a pivotal moment of awakening, fostering deeper connections not only with themselves and also with their peers and teachers.

Indeed, the Reflection Day served as a catalyst for personal and collective growth, preparing our students to make a positive impact on the world by *Touching the Hearts of Others*, and embodying their best selves at home, at school, and in the wider community.

Mohammad Jafari | Assistant Principal – Student Wellbeing



OLSH
OUR LADY OF THE SACRED HEART COLLEGE

SCHOLARSHIPS

APPLY NOW FOR 2025

Applications Close Monday, 3 June 2024
(For new students starting in Year 7 & 8, 2025)

LEARN MORE

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 SA Australia 5085
 T +61 8 8269 8800
 W: www.olsh.catholic.edu.au
 E: olsh@olsh.catholic.edu.au
 CRICOS Provider 02209M

FOR
All
 GIRLS

WHO'S in CHARGE?



*Does your child hurt or intimidate you?
 Do you feel you are losing control? Do
 you want to handle conflict better?*

Reclaim respect and calm in your family

The *Who's in Charge?* group is an 8 week program for parents or carers of young people (8-18) who are beyond control, violent or defiant.

This is a FREE program


The group aims to:

- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame that parents feel
- Offer ideas to help you develop individual strategies for managing your child's behaviour
- Help in understanding power in relationships and coping with stress
- Explore ways of increasing safety and well-being

Next group: **Wednesday's commencing 8 May 2024 for 8 weeks, 9:30am to 12pm**
 Where: **Enfield Library, Community Room, 1 Kensington Cres, Enfield**

For any queries or referrals please call Trevor: 0410 698 907 or Centacare: 8215 6700

An initiative of Reconnect, City of Port Adelaide Enfield and Centacare Catholic Family Services

#LoveMyCatholicSchool

Catholic Education Week
 May 13-19 2024

RAISING HEARTS AND MINDS

Catholic Education Week is being celebrated in Catholic schools throughout South Australia from 13 – 19 May 2024.

This week is an opportunity to reflect on and share all the things that we love about Our Lady of the Sacred Heart College and what makes our community special.

Join us on social media this week in sharing a Facebook post about the reasons you love our school and being a part of our community, using the hashtag #LoveMyCatholicSchool



Save the Date

STUDENT PARENT LEARNING CONVERSATIONS

Tuesday 21 May, Term 2 - Week 4



BECOME MORE

You're warmly Invited to discover how our students become more at a tour of our school

**COME & TRY DAY
 TUESDAY 14 MAY**

THE WORLD BEFORE US.

CHRISTIAN BROTHERS COLLEGE
A Catholic College for Boys in the Edmund Rice Tradition

Register now
www.cbc.sa.edu.au